



# McNally High School

2017-2018 Information Package for:

- Incoming Grade 10 Students
- Incoming Grade 11 & 12 Students



# McNally Upcoming Dates

**McNally School Office Opens:** August 23, 2017 from 9:00 am - 3:00 pm



## **Grades 12 Registration: August 28, 2017**

Our school office opens at 9:00 am on August 28, 2017. Students are encouraged to come to the school to pay fees (cash, cheque, credit, or Interac), purchase bus passes, take school and ID photo. Should a course change be required, students will be able to meet with their grade coordinator. Please note that students will be assigned their lockers on the first day of school.



## **Grades 11 Registration: August 29, 2017**

Our school office opens at 9:00 am on August 29, 2017. Students are encouraged to come to the school to pay fees (cash, cheque, credit, or Interac), purchase bus passes, take school and ID photo. Should a course change be required, students will be able to meet with their grade coordinator. Please note that students will be assigned their lockers on the first day of school.



## **Grade 10 Students, and any NEW Grades 11 and 12 Students: August 30, 2017**

All Grade 10 students, and NEW students in Grades 11 and 12, are encouraged to attend the Welcome Orientation on Wednesday, August 30, 2017. Students will receive a phone call prior to Orientation to confirm time of session. Sessions will be offered in both the morning and afternoon. Each session will be approximately 2.5 hours. After an opening presentation, opportunities will be provided to partake in school tours, meet McNally Faculty and students, pay fees (please bring along cash, cheque, credit, or Interac), and purchase bus passes. Should a course change be required, students will be able to meet with their grade coordinator before/after the Orientation. Please note that students will be assigned their lockers on the first day of school.



## Frequently Asked Questions

### ***Will I get a locker?***

Everyone in high school gets a locker on the first day of school. You will store your books, binders and supplies in there as well as your coat. Please take care of your locker and clean it regularly. You may use magnets, but no stickers or markers.

### ***What is the credit system? How are courses numbered?***

All courses in high school have credits attached to them. For example, Math 10C is worth 5 credits. You need 100 credits for an Alberta High School Diploma. Grade 10 courses start with a 10, grade 11 with a 20 and grade 12 with a 30.

### ***Can I pick classes with my friends? How do I switch a course to be with my friends?***

Course selection was done by OSCR in the spring for September. Your timetable will come out on SchoolZone in the summer. We customize your timetable to meet your specific learning needs and future postsecondary and career plans. Course changes, in August/September, will only be made to address changes in grades or summer school coursework.

### ***Do I need to change for physical education?***

Yes! In High School, you will need a change of clothes and runners for physical education. All students are expected to change for each class. Students need to bring a lock for their PE locker.

### ***How much time do I get to move from one class to the other?***

There are about five minutes between classes, so plenty of time to move around.

### ***Do I get a spare in grade 10?***

Grade 10 students are expected to complete at least 40 credits. To complete 40 credits, you will need a full timetable. A sample timetable is provided in this booklet.

### ***How do I tryout for teams?***

Of course! At McNally, students in grades 10-12 may tryout for extracurricular school teams. Football will begin prior to school starting and volleyball tryouts will be the first week of school. We have numerous teams throughout the year so many opportunities to play your favourite sports.

### ***What do I have to do to get a high school diploma?***

You need to complete 100 total credits from a variety of categories.

### ***What if I start in one program and then change my mind and want to move into a different program (e.g., regular, IB, Mandarin)?***

Change can occur in consultation with your parents/guardian, and teachers/school administrators to best meet your needs.

***Does taking “Summer School” help me get ahead?***

You have lots of time during your three years of high school to complete all required courses. Take time to enjoy high school life, and to complete your studies to the best of your abilities.

***Are we allowed to make course changes throughout the year?***

This is done in consultation with your parents/guardian and an assistant principal or counsellor. There are deadlines for course changes/withdrawals.

***Am I allowed to bring a device to school to help me with my course work (e.g., Chromebook, laptop, ipad)?***

Yes, but do keep in mind that McNally has technology available for student use. We certainly support students bringing their own devices (you take full responsibility for safe-keeping of your device).

***Are we allowed to use our cellphones at school?***

Different courses will allow cellphone use as an aid to learning. As long as the use is respectful and appropriate, there will not be an issue. Cell Phone usage is at the teacher’s discretion.

***I don’t know anyone at McNally. How will I get to know some friends and teachers?***

Making new friends will start at Orientation with group activities and then into your first day of classes where your first block will involve many homeroom activities to get to know your new classmates. There are also many clubs, teams and other activities where you can meet people. So get involved!

***What is “Tiger Pride”?***

Tiger Pride is school spirit. Roary, the tiger, is our mascot. McNally colours are orange, brown and black.

***How do I get involved in leadership activities?***

Student leaders run many activities throughout the school from the Week of Welcome, Tiger Pride activities, holiday events, and fundraising initiatives. Opportunities are posted on Schoolzone, Tiger News, and the announcement. Please stay tuned and get involved!

***What clubs are available?***

McNally has several clubs to choose from. Some include: McNally Student Governance, Triple C (Chinese Culture Club), Yearbook committee, Best Buddies, Citadel Theatre student’s club, McNally Assists Students Serving in Volunteer Experiences (M.A.S.S.I.V.E.), Multi-media club, Ski club, Robotics, Speak Up Write Down, Choir, Eco Club, and many, many more.

***How does McNally support our local and global community?***

McNally students have raised huge amounts of money to support various causes. For example, over the years, our Bike-a-Thon raised \$50,000+ for charity. Our annual Pancake Breakfast, Helping Hampers, 30-Hour Famine, and Heritage Festival (H-Fest) are just a few more initiatives that students support.

***Do we still go on fieldtrips?***

For sure! There are many field trips that are curriculum focused. We also have many lunchtime guests as part of our McNally Speaker Series.

***I am getting a part-time job. Can I earn credits while I work?***

You bet! For every 25 hours you work, you can earn 1 credit. You can use 15 credits toward your high school diploma. Having a job is a great way to earn credits. Metro Continuing Education coordinates our Work Experience program.

***What is RAP?***

The Registered Apprentice Program is for students interested in the trades (e.g., electrician, plumber, culinary). Students can make the choice to experience working in a trade while still in high school, earning credits and hours toward their apprenticeship. Metro Continuing Education coordinates our RAP program.

***Where can I go for help if I am struggling (academically, personally, career, etc)?***

Student Support Services offers social and emotional counselling, as well as career and post-secondary counselling. We also have assistant principals and committed teachers that can support learning needs.


***Does McNally have a Gay Straight Alliance (GSA)?***

We do have a GSA and all students that support diversity are welcome to join.

***How can I get to McNally? (walk, bus, drive, parking, etc)***

There are also ETS “school specials” that come right to McNally, as well as regular ETS routes. Take control of your time with ETS Live® To Go. Get real-time information for ETS Smart Bus routes anytime, anywhere--as well as scheduled information for all other routes. Visit [\*\*ETS Live To Go Help\*\*](#) for assistance.

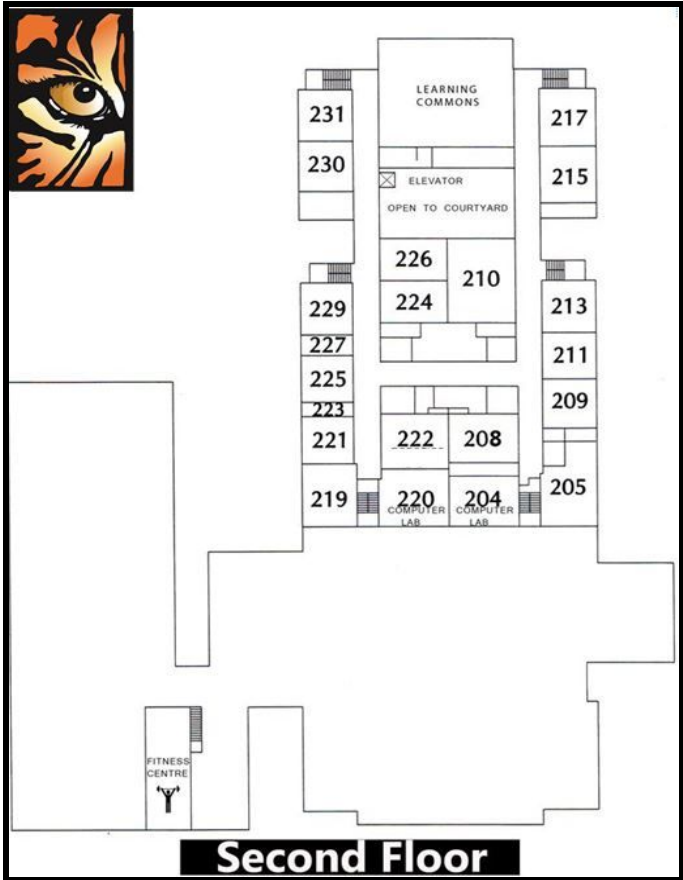
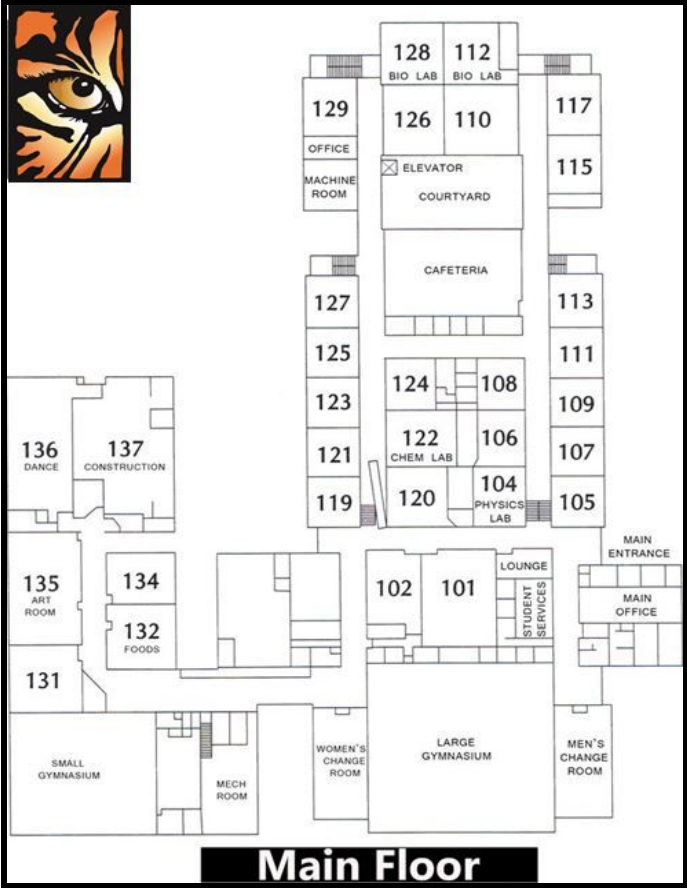
What will a typical week look like?  
 (Note: This is our 2017-18 schedule.)



**TIMETABLE**

SEMESTER ONE			SEMESTER TWO		
	DAY A	DAY B		DAY A	DAY B
BLOCK ONE 9:00 - 10:24			BLOCK ONE 9:00 - 10:24		
5 minute break			5 minute break		
BLOCK TWO 10:29 - 11:51			BLOCK TWO 10:29 - 11:51		
LUNCH 11:51 - 12:32			LUNCH 11:51 - 12:32		
BLOCK THREE 12:32 - 1:54			BLOCK THREE 12:32 - 1:54		
5 minute break			5 minute break		
BLOCK FOUR 1:59 - 3:21			BLOCK FOUR 1:59 - 3:21		
Outside of Regular School Day Classes			Outside of Regular School Day Classes		

# Where will your classes be?





## What to expect on your first day in high school!

- Check Schoolzone for your timetable. Take a picture of your schedule on your phone so it is handy.
- When you arrive, go to your first block class as designated on your schedule.
- On the first day, you will be with your homeroom teacher for an extended period to go over many important details about high school life. Your teacher will go over your timetable, how to keep organized, expectations at school, etc. There will also be time during the class to get to know your new classmates.
- You will get your locker assigned - take care of it and make sure you know how to use your lock.
- You will have short breaks between classes, so move quickly and ask our staff for help.



### Stay in touch with us!

Website: <http://mcnally.epsb.ca/>

Twitter: <https://twitter.com/mcnallyhigh>

Instagram: <https://www.instagram.com/mcnallytigers/>

Address: 8440 105 Ave NW, Edmonton Alberta T6A 1B6

Phone: 780-469-0442

School Email: [mcnally@epsb.ca](mailto:mcnally@epsb.ca)

★ Regular updates and newsletters are also posted to School Zone.

# Making the Most of High School

## Being an Engaged Thinker

- get involved in school life (inside and outside the classroom)
- try new things
- be an active participant in your classes
- think critically and creatively and make discoveries through inquiry, reflection, exploration, experimentation and trial and error
- use technology to learn, innovate, collaborate, communicate and discover
- identify problems and then find the best solutions
- be a team member who integrates ideas from a variety of sources into a coherent whole and communicate these ideas to others
- be a lifelong learner
- believes there is no limit to what knowledge may be learned, what skills may be developed, and what may be achieved in cooperation with others
- always keep growing and learning

## Being an Ethical Citizen

- be open to new friendships and ideas and be respectful of others' ideas
- role model and mentor other students
- use technology responsibly
- see beyond self-interests to the needs of the school and community
- be a steward of the earth and minimize your environmental impact
- build relationships through fairness, humility and open-mindedness
- value teamwork, collaboration and communication
- value diversity and demonstrate respect, empathy and compassion for all people
- advocate for yourself and ask for help, when needed, from others and also for others

## Having an Entrepreneurial Spirit

- try your best at all times and keep trying, even when it seems hard
- come on time and be prepared to learn (stay organized)
- demonstrated that you are motivated, resourceful, self-reliant and tenacious
- set goals and work with perseverance and discipline to achieve them
- earns the respect of others
- strives for excellence (“nothing by the best”)
- be resilient and adaptable
- develop opportunities where others only see adversity
- have the confidence to take risks and make bold decisions in the face of adversity
- have the courage to dream



## For Parents

The move from Grade 9 to High School is an exciting time. Our team at McNally High School is looking forward to working with you to support this transition.

### Tips for Parents/Guardians

- ★ Encourage your child to participate in clubs and teams.
- ★ Encourage your child to ask for extra help when needed. Please call the school to find out what resources are available.
- ★ Check SchoolZone regularly for school news, upcoming assignments and important dates. Each parent has their own login. Please call the school office if you need a login.
- ★ Help your child gain a sense of independence and personal responsibility.
- ★ Encourage your child to try his or her best at all times.
- ★ Your child's teacher may post regular class updates on SchoolZone as well as class websites (Google Classroom), but don't hesitate to contact teachers if you have questions.

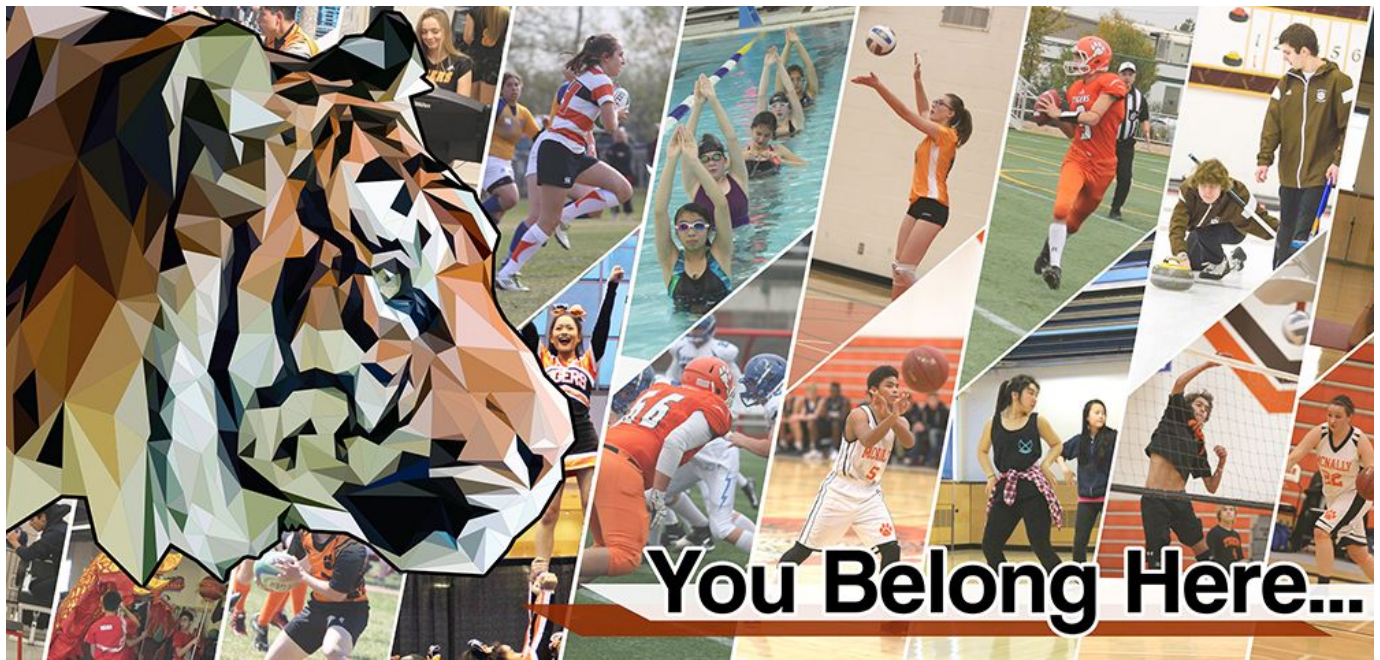
### School Supplies

The following is a list of supplies that high school students may use throughout the year. We encourage the reuse of supplies which are in good condition. Teachers will identify any additional supplies required for specific courses.

- Pencils and erasers
- Pens: red, blue, black
- Highlighters
- Ruler
- Calculator (TI-83 Plus or TI-84)
- Binders and dividers
- Notebooks
- Loose-leaf 3 hole paper (and graph paper)
- Combination lock (for PE lockers only; locks will be provided by the school for hallway lockers)

*\*Bring Your Own Device* – As McNally High School moves towards cloud computing, students may bring their devices to access their Google SHARE account, school files, or the internet during the school day. Students should have a secure location to keep their devices and should use their devices for educational purposes. All school and student-owned devices fall under the *McNally Responsible Use of Technology Agreement*. However, all McNally students will have access to our computer labs and Chromebooks to do their work at school.





- **Our students are amazing**
  - You will meet students who are friendly, fun, hard-working, and talented.
  - From the moment our Tiger Squad and Paw Crew meets you at the August Orientation and during the Month of Welcome, you will see that collaboration and friendship flourishes here.
- **Our faculty is caring and dedicated.**
  - We have award-winning teachers who will develop authentic relationships with you.
  - Our faculty is service-orientated and dedicated to our students.
- **We celebrate diversity.**
  - With six unique programs offered, we recognize that all students have different interests and needs. We are proud of our diverse backgrounds. We regularly showcase student learning and cultures.
- **We support students with their learning and plans for the future.**
  - We will provide you with a customized schedule. Choose from academic subjects, in addition to a range of options offerings in CTS, fine arts, and athletics.
  - We offer programs, such as IB, that challenge you - providing the academic rigor experienced at the postsecondary level. Benefit from special IB schedules during our exam weeks.
  - For anyone writing Diploma exams, you will have access to our comprehensive McNally Diploma Prep program to give you that extra support when you need it most.
  - Career planning and helping our student secure scholarships is a priority.
  - You can work and earn credits while you study. Check out our Work Experience or Registered Apprenticeship Programs (RAP) where you can receive on the job training and experience.
  - We offer Summer School each July.

- **Students benefit from a range of supports.**
  - Our Grad Coordinators, Success Coach, Transition Coach, Counsellor, Mental Health Therapist and School Resource Officer are here to support as needed. We provide personal, educational, and career support.
  - McNally has mobile Chromebook carts in many classrooms; and students can access two computer labs and Learning Commons computers. Technology is leveraged to support learning.
  - Our Extended Learning Opportunities room is available everyday. Stop by to study or get assistance. Regular math tutoring happens during every lunch hour.
- **Healthy living is important to us.**
  - We have many successful athletic teams and outstanding coaches that play and work at an elite athletic level. Everyone has access to our Fitness Room and our in-house athletic therapist.
  - Join in active events such as the Terry Fox Run and our annual 24-hour bike-a-thon.
  - The river valley is another space we use for physical education and learning.
  - Many of our students enjoy our dance, yoga and sports performance offerings.
- **We are all leaders in our school.**
  - Students are integral to our school culture that values student engagement and leadership.
  - We proudly have two district Senators who attend McNally - one of our Senators was elected as an Edmonton Public Schools Student Trustee.
  - Our Leadership classes and various clubs plan educational campaigns, school events, student conferences, morning announcements, and speaker forums.
  - We regularly host Youth Engagement Focus Groups so we can gather student feedback to help us set school goals, plan valuable learning opportunities, and update our facility.
  - CAS (Creativity, Activity, Service) IB projects within our school, community and even on a global scale are student initiated and led.





- **Our facility affords comfort and new possibilities for learning.**
  - Check out our new, student-designed Library Learning Commons. Students love the conference room, different furniture offerings, new books and magazines and access to high end computers.
  - We re-invent spaces for students to learn or visit. We even have a dedicated Green Room, new dance studio, spin bike room, and more.
  - Sometimes we need to learn elsewhere - students often head out on field trips and even take learning on the road - sometimes even out of province or country.
  - Join our Sustainability Club and Courtyard Revitalization team as they develop a new outdoor learning space for all to use.
  
- **We find opportunities to bring the real world into McNally and McNally out to the real world.**
  - Our students benefit from working alongside mentors and from the many guests who present as part of our ongoing “McNally Speaker Series.”
  - Making a difference in others’ lives is part of our commitment to service learning. McNally Assists Students Serving in Volunteer Experiences (M.A.S.S.I.V.E.) supports the Edmonton’s Food Bank, Red Cross, United Way, Adopt-a-Teen, Cops for Cancer, Big Brothers and Big Sisters, etc. We host a 30-hour famine each year and we heed the call to action in our work related to Canada’s Truth and Reconciliation Commission.

- **There are ample opportunities to explore your interests and get involved.**
  - Our students and faculty organize many extra-curricular offerings. You might be interested in: Triple C (Chinese Culture Club), Yearbook Committee, Pottery Guild, Global Opportunities (GO) Club, Grad Council, Gay-Straight Alliance (G.S.A.), Cappies (Critics and Awards Program), Robotics, Hip Hop Collective, Gaming Club, Choir, Academic Competitions (math contests, Skills Canada, High School Culinary Challenge), Heritage Festival team, and more!
- **“Tiger Pride!” is abundant. We often connect with alumni and say: “Once a tiger, always a tiger.”**
  - School spirit is abundant. Get to love the colour orange! Meet Roary the tiger (our mascot)! Partake in theme days. See you at the petting zoo, “BYOB” (bring your own banana) day, Pancake Breakfast, or Touch of Class event.
  - Learn a little Latin - Nihil Sed Optimum...that means, “Nothing But the Best.” We strive to live this motto each and every day. Mr. Fred McNally, our school namesake, would be so proud.



**Nihil Sed Optimum—Nothing but the Best**

McNally is the right size of high school...large enough to offer diversity in programming, and small enough to really get to know and provide support for each one of our students.

**You belong here. See you soon!**

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